# **Powys CC School Dinner Menu**

### **Autumn Sept - Oct 2025**

# Week 1 - Week beginning 1st Sept, 22nd Sept, 13th Oct

### **Monday**

- Cheese pizza, Mini Hash Brown Puffs or Pasta Twists, Baked Beans and Sweetcorn, Mixed Salad
- Llaeth y Llan Yoghurt & Apple Dippers

### **Tuesday**

- Chicken and vegetable pie or vegetable pie, mashed potatoes or pasta twists, carrots and broccoli, mixed salad
- Strawberry Jelly & Ice Cream

### Wednesday

- Pork and Carrot Meatballs in Tomato and Basil Sauce, Pasta Twists, peas and sweetcorn, mixed salad
- Pear sponge and custard

## **Thursday**

- Roast Turkey with stuffing and gravy or Mediterranean pasta bake,
  Mashed potatoes or pasta twists, broccoli and green beans, mixed salad
- · Plain cookie and milk

## **Friday**

- Fish Finger or gluten-free Salmon fish fingers or Vegan Nuggets, Chips or Pasta twists, Baked Beans and Peas, mixed salad
- Llaeth Y Llan Yoghurt, Apple Dippers

# Week 2 - Week beginning 8th Sept, 29th Sept, 20th Oct

### **Monday**

- Breaded chicken burger in a bap or vegan country bake in a bap,
  Seasoned cubed Potatoes or Pasta Twists, Baked beans and coleslaw,
  mixed salad
- Chocolate and Mandarin Sponge and Chocolate Sauce

#### **Tuesday**

- Oven baked sausage or vegan sausage, Mashed Potatoes or pasta twists, peas and sweetcorn, mixed salad
- · Llaeth Y Llan Yoghurt, Apple Dippers

### Wednesday

- Beef Bolognese or vegan Bolognese, spaghetti pasta, peas and broccoli, mixed salad
- Lemon muffins

## **Thursday**

- Roast Pork, apple sauce and gravy or maccaroni cheese, mashed potatoes or pasta twists, carrots and green cabbage, mixed salad
- Flapjack

# **Friday**

- Harry Ramsen Fish Fillet or gluten-free Salmon fish fingers or cheese pizza, Chips or Pasta twists, Baked Beans and Peas, mixed salad
- Llaeth Y Llan Yoghurt, Apple Dippers

# Week 3 - Week beginning 15th Sept, 6th Oct

## **Monday**

- Oven baked sausage or vegan sausage, Mini Hash Brown Puffs or Pasta Twists, Baked Beans and Sweetcorn, Mixed Salad
- Autumn fruit crumble with ice cream

#### **Tuesday**

- Beef Bolognaise or vegan Bolognaise, pasta twists, mixed vegetables and coleslaw, mixed salad
- Llaeth Y Llan Yoghurt, Apple Dippers

## Wednesday

- BBQ Chicken Fillet and cheese or BBQ Quorn fillet and cheese, rice or pasta twists, peas and sweetcorn, mixed salad
- Waffle and ice cream

## **Thursday**

- Roast beef, Yorkshire pudding and gravy or Cheese and Potato pie,
  Mashed potatoes or pasta twists, cauliflower and broccoli, mixed salad
- Chocolate Rice Krispie Cake

## **Friday**

- Fish Finger or gluten-free Salmon fish fingers or fishless fish finger,
  Chips or Pasta twists, Baked Beans and peas, mixed salad
- Llaeth Y Llan Yoghurt, Apple Dippers